

ABSTRACT OF THE DISCLOSURE

A multilayer optical information recording medium includes optical information recording layers, and dielectric multilayer reflecting layers provided under the optical information recording layers respectively. Each of the dielectric multilayer reflecting layers includes: a laminate of low refractive index films and high refractive index films; and a variable refractive index film exhibiting change of refractive index induced by laser beam irradiation. Each of the dielectric multilayer reflecting layers is provided so that reflectance of a portion used for reading/writing information by condensed laser beam irradiation is high while transmittance of the other portion is high. It is possible to reduce intensity of laser beam to be irradiated to the medium.